

Dr. Karp's **RUN-FIT BOOT CAMP**

Waiver & Release

I hereby consent to participate in Dr. Karp's Run-Fit Boot Camp. I hereby acknowledge that RunCoachJason.com, its employees, officers, directors, coaches, agents, representatives, volunteers, and sponsors cannot assure my safety while participating in Dr. Karp's Run-Fit Boot Camp. I understand that exercise includes varying degrees of risk to the musculoskeletal and/or cardiorespiratory systems. I recognize that physical exercise exposes me to other risks including, but not limited to, running- and/or walking-related injury and the detrimental effects of climate, including, but not limited to, heat, humidity, cold, and pollution. I certify, represent, and warrant that I am in a healthy, qualified, and appropriate physical condition to participate in Dr. Karp's Run-Fit Boot Camp. I, for myself, my heirs, executors, administrators, successors, and assigns hereby release, waive, and forever discharge and hold harmless RunCoachJason.com, its employees, officers, directors, coaches, agents, representatives, volunteers, sponsors, successors, and assigns of and from all claims, demands, damages, costs, expenses, actions, and causes of action, whether in law or equity, in respect of death, injury, loss, or damage to my person or property, howsoever caused, arising or to arise by reason of or during my participation in Dr. Karp's Run-Fit Boot Camp, whether or not in consequence of my following any program of diet and/or exercise on the recommendation of any of the aforesaid, and whether prior to, during, or subsequent to said participation and notwithstanding that any such claim may have been contributed to or occasioned by the negligence of any of the aforesaid.

RunCoachJason.com and Dr. Karp's Run-Fit Boot Camp reserve the right to use my name, voice, picture, and/or likeness in any broadcast, telecast, newspaper article, report, website, advertising or marketing promotion, or other account in connection with the publicizing of its services.

By my signature, I certify that I have read, understand, and agree to the above.

Print Name (Guardian, if under 18) _____

Signature (Guardian, if under 18) _____ Date _____

Address _____

Phone _____ E-mail _____